

Summer 2008

Sandy T. Feldman, M.D., M.S. *"She's the Surgeon to See"*

A Message from Dr. Feldman

Summer is definitely here! The sun is shining and it is time to remember your sunglasses along with your sunscreen. We often forget that overexposure to the sun leads not just to skin cancer, but also to eye damage such as cataracts and age-related macular degeneration.

Good quality sunglasses and wearing a hat provide eye protection for your eyes during the summer months. Sunglasses should have 100% UV protection, as San Diego's incidence of sun damage to the cornea is one of the highest in the country. Did you know that the type and color of the sunglasses you wear should be determined by the type of activities that you do? For example, people who spend a lot of time on the water should be fit with polarized lenses, while those who cycle in dawn, dusk or marine layer might want an amber color. Golfers often opt for colored lens, which enhance the contrast of the greens. Whatever summer sport you choose, we at ClearView hope you enjoy the summer months of fun!

Over the past few months, we have conducted our yearly patient survey. We have had an overwhelming response from our patients and we appreciate your time and efforts to respond. At ClearView, we believe it is our job to always strive for better care. Your input helps us make your ClearView experience a positive one.

In closing, it is always my honor and privilege to assist you in achieving your vision goals!

Pterygium

Too much fun in the sun can lead to small yellow or pink growths on the white part of the eye. These growths are known as pterygia... If not treated, they can grow over the cornea and lead to loss of vision. At ClearView Eye & Laser Medical Center, we have a 10 minute procedure to remove the growth and then gently transplant normal tissue over the area to prevent its return. This tissue acts as a healing agent and results in less than a 3% chance that the growth will return. We like to use this method as it allows the patient a more comfortable recovery.

Celebrity Celebrity Celebrity Spotlight Spotlight Spotlight



Mark Larson, radio personality of "San Diego 1700 AM," had monovision LASIK with Dr. Sandy T. Feldman at ClearView in 1999. Today he is 20/20 in the right eye for distance and 20/20 in the left eye for reading. According to Mark, "I am thrilled with the way that Dr. Feldman changed my life! It's hard to believe it has been nearly nine years since my LASIK."

Words of Thanks for Dr. Feldman and Her Team

Sabine, a Rancho Bernardo resident and recent LASIK patient, shares her experience:

"I wanted to thank you for taking care of me. It started right when I walked into your office. The wonderful, friendly and knowledgeable staff that greeted me and, most of all assured me and took my fear away, was absolutely amazing... Dr. Feldman, who with her calming voice, took the last bit of fear and hesitation away. Her extraordinary talent, gave me the gift of perfect vision and made all eye discomfort that I lived with for so long, go away. Thank you from the bottom of my heart." *-Sabine* Presorted Standard U.S. Postage San Diego, CA Permit #2686 6255 Lusk Blvd., Suite 100 San Diego, CA 92121



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The ClearView Team Reports for Duty By Delivering Great Vision to the Troops

NASA joined with the Army, Navy, Marines and Air Force in approving the use of LASIK to improve the vision of their military personnel. Local members of the military have long known that LASIK and PRK procedures can be beneficial while both on and off duty. And, the doctor that they turn to when they need laser vision correction is Dr. Sandy T. Feldman.

Devon Debany, a Yeoman in the Navy, had LASIK this July. "I see better now than I ever have in my life. Now, I will be more proficient as a soldier and in my future career in law enforcement," said Debany.



Dr. Feldman and her team treat military personnel like Devon from all over the United States. At ClearView, we see it as our duty to deliver great vision to our troops and their families. Please ask us about military discounts.